

Let's Catch My Blessings!



*Let's count the things we're thankful for,
No matter whether great or small!*

*So, let's pick up our sticks (pencils)
and draw our pics
of our favourite, beloved six!*

It is important for us to think of the things we are grateful for EVERY DAY. It helps our brains and hearts feel happy, AND helps keep our bodies healthy! It also helps us build strong friendships...

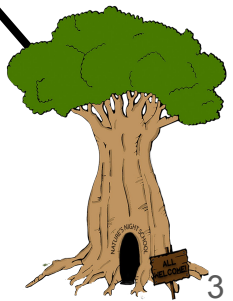
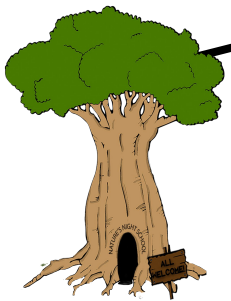
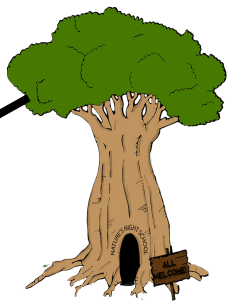
So, just like the poem on page 1 suggests, let's make a list of 6 things we are thankful for. We can be thankful for someone (human or animal) or something. We can also be thankful for something someone does for us.

INSTRUCTIONS:

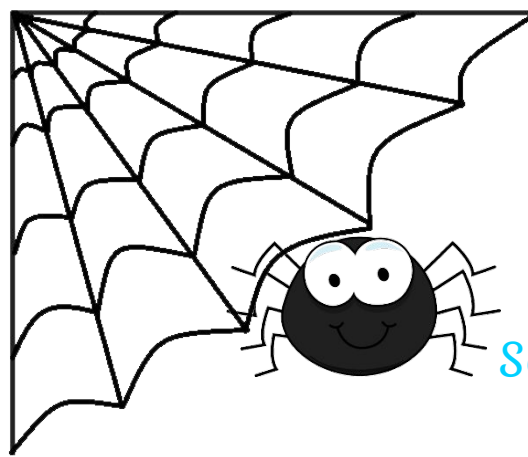


- 1. Below are 6 boxes. Using your colouring pencils, draw each thing you are grateful for in a separate box.
- 2. Carefully cut them out and glue them to the spiderweb on page 3.
- 3. Each day you can add NEW things you are grateful for. Before you know it, just like in nature, your spiderweb will have caught SO many beautiful blessings! And then, you can even share these blessings with others too...

1	2	3
4	5	6



DID YOU KNOW?



Some spiders are web spinners...



While others are not...

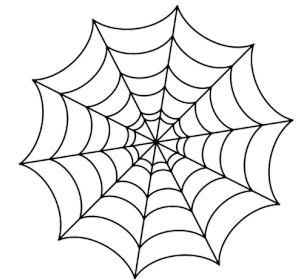


And like us, each type of ARACHNID (spider) has a specific job...



So, if you can spin,
then SPIN!

But if not, try something new -
you still win!



FACT: The long lines leading to the centre of the web are made of dragline silk.

The flexible silk that creates the spiral shape is called viscid (sticky) silk.

To get to their blessings caught in the web, spiders need to walk the line, avoiding the sticky ones!